

# Functional Assessment Scale (FAST)

<b>Normal Adult</b>	
1	No difficulty either subjectively or objectively.
<b>Normal Older Adult</b>	
2	Complains of forgetting location of objects. Subjective work difficulties.
<b>Early Dementia</b>	
3	Decreased job functioning evident to co-workers. Difficulty in traveling to new locations. Decreased organizational capacity.
<b>Mild Dementia</b>	
4	Decreased ability to perform complex task, (e.g., planning dinner for guests, handling personal finances, such as forgetting to pay bills, etc.)
<b>Moderate Dementia</b>	
5	Requires assistance in choosing proper clothing to wear for the day, season or occasion, (e.g. patient may wear the same clothing repeatedly, unless supervised).
<b>Moderately Severe Dementia</b>	
6	Occasionally or more frequently over the past weeks, for the following: <b>A)</b> Improperly putting on clothes without assistance or cueing <b>B)</b> Unable to bathe properly (not able to choose proper water temp) <b>C)</b> Inability to handle mechanics of toileting (e.g., forget to flush the toilet, does not wipe properly or properly dispose of toilet tissue) <b>D)</b> Urinary incontinence <b>E)</b> Fecal incontinence
<b>Severe Dementia</b>	
7	<b>A)</b> Ability to speak limited to approximately $\leq$ 6 intelligible different words in the course of an average day or in the course of an intensive interview. <b>B)</b> Speech ability is limited to the use of a single intelligible word in an average day or in the course of an intensive interview <b>C)</b> Ambulatory ability is lost (cannot walk without personal assistance) <b>D)</b> Cannot sit up without assistance (e.g., the individual will fall over if there are not lateral rests [arms] on the chair.) <b>E)</b> Loss of ability to smile. <b>F)</b> Loss of ability to hold up head independently.